



Product Description and Information

- Silicone Gel sheets are made for treatment of hypertrophic and keloid scar tissue.
- A hypertrophic scar is an enlargement or overgrowth of scar tissue due to excessive collagen, which is a protein of the skin. This type of scar tends to improve with time and pressure.
- A keloid scar is an overgrowth of scar tissue that extends beyond the injury. Keloid scarring is a genetically inherited trait and is rare with burn scar tissue.
- Sheets can be cut with scissors to desired size.
- Silicone sheets can be held in place with an elastic bandage, temporary garments or pressure garments.
- Silicone sheets may be worn between 8-10 hours at a time on one specific area. The sheet must be removed after this amount of time to allow the skin to breathe and decrease the risk of maceration. Leave the silicone off for at least 15 minutes and make sure it is clean and dry before replacing it or moving it to a new area.
- Maceration of the skin occurs when the Silicone sheet stays on one area for too long and the skin will have a wrinkled look and feel wet to the touch (similar to how your finger tips get when you are in the bathtub too long).
- Silicone sheets can be moved to a different scar throughout the day.
- The sheet needs to be worn with the gel portion against the skin.
- Silicone sheets are NOT for use on open wounds.
- Care must be taken to ensure proper hygiene. It has been observed that rashes can occur on the skin covered by a Silicone sheet. These rashes are usually attributed to poor or insufficient hygiene.
- Care must be taken to ensure proper wear; some rashes have been attributed to Silicone sheeting being applied too tightly. Should a rash appear, stop use for 12-14 hours, followed by wearing the Silicone sheet for a 10-hour period. If the rash persists, discontinue use.
- Possible complications include:
 - Superficial maceration of the skin associated with the Silicone.
 - Rash
 - Pruritus (severe itching)

Caring for Silicone Gel Sheets

- Wash and rinse sheeting daily after each use with mild soap; pat dry with towel. Use regular hand soap.
- Silicone sheets should be replaced as soon as sheeting starts to fracture and tear.